

## 2025 Winter/Spring Weekly Sessions:

1: January 6th - February 9th 2: February 10th - March 16th

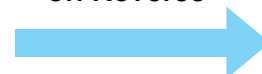
3: March 24th - April 20th 4: April 21st - May 25th

### Beginner “Pre-Rally”

These classes are for beginning players that have little to no experience with the sport or have yet to gain the skills to maintain a rally (back and forth ball exchange) with a peer.

-  • **Ages 5 & 6** **Thursday 3:45–4:30pm, Saturday 9:15–10:00am**
  - Red training ball, 36' tennis court, racquet size 19" - 21"
-  • **Ages 7-9** **Tuesday & Thursday 4:30-5:30pm, Saturday 10:00-11:00am**
  - Red training ball, 36' tennis court, racquet size 21" - 23"
-  • **Ages 10+ (Pre-Teen/Early Teen)** **Friday 4:30-6:00pm**
  - Red training ball, full-sized 78' tennis court, full racquet size 27"

Session Pricing  
on Reverse




### Intermediate Competitive “Rally-Ready”

Players in these groups can maintain a peer-to-peer rally and are developing concepts to improve physical execution, utilize strategy, and learn how to manage competition. A few of our offerings have age overlaps to give students options of selecting a group with players closer to their ages. Players in the orange and green ball classes may already be competing in USTA tournaments in these levels. All students at these levels are encouraged towards Junior Team Tennis. All classes must receive approval from the Director of Racquets (mike@polotennisclub.com) for entrance.

-  • **Red Ball Ages 7-9** **Tuesday & Thursday 4:30-5:30pm, Saturday 10:00-11:00am**
  - Red training ball, 36' court, racquet size 21" - 23"
-  • **Orange Ball Ages 7-9** **Monday & Wednesday 5:30-7:00pm, Saturday 11:00am-12:30pm**
  - Orange training ball, 60' court, racquet size 25"
-  • **Orange Ball Ages 10-14** **Saturday 12:30-2:00pm**
  - Orange training ball, 60' court, racquet size 25" - 27"
-  • **Green Ball Ages 7-14** **Tuesday & Thursday 5:30-7:00pm, Saturday 11:00am-12:30pm**
  - Green training ball, 78' court, racquet size 27"
-  • **Green Ball Ages 11-14** **Saturday 12:30-2:00pm**
  - Green training ball, 78' court, racquet size 27"



### High School Pathway

These programs are for players currently on their middle school / high school teams who are looking to gain the skills to join their teams. The classes are designed to be inclusive and encourage players to continue a competitive pathway or jump into entry level competition. The typical student has played Junior Team Tennis or L7 tournaments but has yet to dive completely into a performance lifestyle. All classes must receive approval from the Director of Racquets (mike@polotennisclub.com) for entrance.

-  • **Yellow Ball Ages 12-15** **Tuesday & Thursday 5:30-7:00pm, Saturday 11:00am-12:30pm**
  - Yellow ball, 78' court, racquet size 27"

### Performance Classes

These classes are specifically designed for players competing in the USTA tournament in yellow ball categories. Typically, these classes are for players entering L6 events and higher. Players will be grouped with others based both on age and skill level. This is a full-time program for year-round players and not recreational or seasonal students. Entrance into this program is based on an evaluation and the maintenance of a competitive calendar. Hard work, setting goals, and pushing oneself beyond one's comfort zone is a must. Each class will have a portion of time set aside for athletic development and conditioning. All classes must receive approval from the Director of Performance (weston@polotennisclub.com) for entrance.

-  • **Afternoon Practice Option** **Tuesday, Wednesday & Thursday 3:30-5:30pm**
-  • **Evening Practice Option** **Tuesday, Wednesday & Thursday 5:00-7:00pm**

Register on the App:

## Class Length (45 minutes to 1 Hour)

Pre-Rally Ages 5 & 6, Pre-Rally Ages 7-9, and Rally-Ready Ages 7-9

### Sessions

- 1 day per week \$100 member / \$135 guest
- 2 days per week \$200 member / \$270 guest
- 3 days per week \$300 member / \$405 guest

## Class Length (1.5 Hours)

Pre-Rally Ages 10+, Orange Ball, Green Ball, High School Training

### Sessions

- 1 day per week \$150 member / \$200 guest
- 2 days per week \$300 member / \$400 guest
- 3 days per week \$450 member / \$600 guest

## Class Length (2.0 Hours)

Performance Afternoons and Performance Evenings

### Sessions

- 1 day per week \$200 member / \$270 guest
- 2 days per week \$400 member / \$540 guest
- 3 days per week \$800 member / \$810 guest

Register on the App:



For more information or to register, please contact  
Mike MacVay at 512-829-4340 or [mike@polotennisclub.com](mailto:mike@polotennisclub.com).

